



Hudson Area Swim Association
MAKO SHARKS

Code of Conduct

General Code of Conduct and Ethics

1. HASA is a drug and alcohol free organization. Any swimmer who abuses alcohol, drugs or tobacco is subject to suspension or dismissal from the team. This includes the misuse of any drug or substance banned by USA swimming, its affiliates and subsidiaries, or local and federal law agencies.
2. All members of HASA, including athletes and parents, are expected to respect and follow all rules, regulations and directives set forth by USA Swimming, Minnesota Swimming Inc. (MSI), HASA Board or Directors, HASA Coaches and the Wisconsin Interscholastic Athletic Association (where applicable). It is the individual responsibility of athletes and their parents/guardians to seek out and understand these rules.
3. At all club functions, including practice, meets and social gatherings, we expect swimmers and parents to behave in such a way that their actions, language and behaviors reflect positively on the team. Be an ambassador of HASA.
4. During practice and at swim meets, HASA swimmers are expected to listen and follow directions to ensure their safety and the safety of others. A pool environment allows for many distractions; swimmers are expected to listen for instructions, pay attention to coaches and officials, listen for announcements and take responsibility for their own actions.
5. Never willingly interfere with the progress of another swimmer; this includes during practice, meets or individual events. Individual achievement and progress is the right of every athlete. Be aware of your personal space and behavior as it might prevent someone else from achieving their best.
6. All members of the club, including swimmers and parents/guardians, continue to protect and improve the reputation of HASA throughout Minnesota Swimming Inc, the state of Wisconsin and St. Croix Valley communities.
7. During practice and at swim meets all swimmers are expected to encourage each other by providing friendly competition, modeling sportsmanship, committing to everyone's success, and supporting each other. Show your team spirit and support your teammates.
8. Cell phone use is not permitted on the pool deck or in locker rooms; this includes texting, taking pictures or talking the phone. Cell phone use should be limited to before or after practice or after swim events have concluded and should be conducted outside of the immediate pool area.
9. HASA is a guest at the Hudson Middle School Pool and any other Facilities it attends for swim meets or other functions. Swimmers, coaches and parents/guardians are expected to leave any facility or venue in the same or better condition then we found it. Pick up after yourself and take pride in creating the opportunity to be invited back.

It is every HASA member's responsibility to read, understand, and respect the Code of Conduct and Ethics. If you have any questions concerning this code of conduct, please contact a member of the Board of Directors or the head coach. Any violation of this code of conduct may result in removal from practice, a meeting with the coach, suspension, dismissal or a review hearing by the Board of Directors and coach(es).

By signing the Code of Conduct and Ethics, I accept its content and agree to comply with all rules, regulations and expectations. (One form may be used and signed by all participants per family)

Athlete signature: _____ Date: _____

Athlete signature: _____ Date: _____

Athlete signature: _____ Date: _____

Athlete signature: _____ Date: _____

Parent/Guardian signature: _____ Date: _____